



STELLA'S CONFLICT IN FIVE FEET APART FILM (PSYCHOLOGICAL APPROACH)

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ABSTRAK : Penelitian ini bertujuan untuk menemukan jenis-jenis konflik dan jenis-jenis motivasi dalam film *Five Feet Apart* yang disutradarai oleh Justin Baldoni. Penelitian ini menggunakan metode deskriptif kualitatif. Pendekatan yang digunakan adalah pendekatan psikologi karena penelitian ini berkaitan dengan konflik dan motivasi. Hasil dari penelitian ini menunjukkan bahwa terdapat enam jenis dari konflik dan dua jenis dari motivasi yang tergambar dari Stella. Pertama, membahas tentang jenis-jenis konflik antara lain yaitu man vs. man, man vs. society, man vs. self, man vs. fate or God, dan yang terakhir adalah man vs. technology. Kedua, adalah jenis-jenis dari motivasi yaitu intrinsic motivation dan extrinsic motivation. Dari data diatas dapat disimpulkan bahwa penulis menemukan jenis-jenis konflik yang terjadi pada tokoh utama dalam film *Five Feet Apart*. Hasil penelitian tersebut menunjukkan man vs. man terdapat delapan data, man vs. society terdapat dua data, man vs. nature terdapat satu data, man vs. self terdapat dua data, man vs. fate or God terdapat satu data, man vs. technology terdapat delapan data. Sedangkan dari jenis-jenis motivasi, extrinsic motivation terdapat empat data dan intrinsic motivation terdapat empat data.

Kata kunci: film, konflik, motivasi

ABSTRACT : This study aims to find the types of conflict and types of motivation in the film *Five Feet Apart*, directed by Justin Baldoni. This study used descriptive qualitative method. The approach used is a psychological approach because this study is related to conflict and motivation. The results of this study show that there are six types of conflict and two types of motivation depicted in Stella. The first is about types of conflict include man vs. man, man vs. society, man vs. self, man vs. fate or God, and the last one is man vs. technology. The second is the types of motivation, namely intrinsic motivation and extrinsic motivation. From the data above, it can be concluded that the author found the types of conflict that occurred in the main character in the film *Five Feet Apart*. The results of the study show man vs. man there are eight data, man vs. society there are two data, man vs. nature there is one data, man vs. self there are two data, man vs. fate or God there is one data, man vs. technology there are eight data. Meanwhile, of the types of motivation, intrinsic motivation has four data and extrinsic motivation has four data.

Keywords: film, conflict, motivation

INTRODUCTION

According to Roberts and Zweig, (2012:3) they said that in a broad sense. Literature is composition that tells a stories, dramatizes a situations, express emotions, and analyze, and advocate ideas. It means that, literature is human expression in the form of written or oral works based on thoughts, opinion, experience, feeling in imaginative form, reflection of reality, or original datapackaged in aesthetic packaging through language media. Literature also can understand as a creation of writer that convey communicative in an esthetic goals. Literature is expressed into a part of literary works such as prose, poetry drama, and film. Especifically in this study, the writer will discuss about film as an object of the study. Barsam



and Monahan (2016:4) said that film or movie is a motion picture. It means that film is a moving picture that is recorded by camera. The shooting process in making a film takes a very long time so that it looks good and is liked by the audience. Kartina and Pangestu (2019:54) also said that film or movie is known as a motion picture, movie is an art that contains moving images that is combined into a story with the actors and actress who have a role. Film or movie is also a form of expression, thoughts, ideas, concepts, feelings, and moods of human being visualized into a story. It means that a film is a combination of moving images or video pieces. Film always talks about character's life, so character becomes an important part in this study. Abrams and Harpham (2015:48) said that characters are the people that occur in a dramatic or narrative work and are interpreted by the reader as having specific moral, intellectual, and emotional attributes based on inferences drawn from what they say and how they say it (dialogue) and what they do (action). It means literary work, such as a film, it must have a character so that people judge the film as good. In film, character usually shows everything about human's real life. Mostly, it presented the real problems of people such as mental problems that are included in psychology.

According to Ryan (2012:37), psychology is associated with more recent developments in the sciences of the mind. It means that psychology is a field of study that focuses on person's mentality. The writer utilizes the mental way to deal with assistance of examining the film. It very well may be utilized to clarify, decipher and assess an artistic work. It can help the writer to clarify about character and portrayal and clarify the brain research of the author and also the mental acts that has showed by the character in the film. The psychology of the character in the film means that it is all about the mind of the character. If character is the figure that shows human behavior, so character also has many problems in his mind that should be thinking for. Maku (2022:107) said that Conflict is very influential on social life because the primary concern in each story of the storyline that is the meaning of the conflict itself, from the conflict the people can understand and get interested with the story of the movie. This phenomenon of illness suffering that occurs in real life sometimes made into a literary works such as in *Five Feet Apart* film which writer uses it as the object of this study. This film tells the story of Stella Grant, a child who suffers from Cystic Fibrosis. Stella's fight against the disease since she was seven years old, she has been attracted by a fairly serious illness; Stella had fallen, especially when one of her best friends at the hospital died. Stella realizes that she has a desire to get well soon so she can be reunited with her lover, Will. To achieve this healing, Stella finally started to get up and fight.

Beside conflict, in this analysis also will focuses on the motivation of the the main character. Dornyei and Urshioda (2011:3) said that the word motivation derives from the Latin verb "movere" meaning 'to move'. This means that motivation is an attempt by a person to express intentions and goals to change something within him. This can be in the form of changes in attitude, behavior, and self-appearance. As previously explained, conflict in films is a scene that can influence the audience. There are various kinds of scenes or roles shown by the characters in the film. For example, in this film there is conflict shown by the main character. She tried to cure her illness in various ways. From here we can see the relationship between conflict and motivation where even though she is experiencing problems, she still tries to motivate herself to get out of these problems. Motivation can be meant as an ability to solve the every problems or conflict in real life. Based on the findings of the phenomena above, the writer is interested in conducting a more in-depth study in order to find out the forms of conflict that Stella is doing against her illness. For this reason, the title of this study is **STELLA'S CONFLICT IN FIVE FEET APART FILM (PSYCHOLOGICAL APPROACH)**. Based on the background above, this study discusses two questions: What are the types of conflict of Stella in *Five Feet Apart* film? What are the types of motivation of Stella depicted in *Five Feet Apart* film?. Purpose of this study are: To know the types of conflict of Stella in *Five Feet Apart* film and to know the types motivation



of Stella depicted in *Five Feet Apart* film. Maku (2022:107) said that Conflict is very influential on social life because the primary concern in each story is the storyline that is the meaning of the conflict itself, from the conflict the people can understand and get interested in the story of the movie. Conflict is essential to be discussed in literary work because it provides that primary material for the construction of the plot, many literary works, including movies, must have conflict within without it, the story would not have meaning and it would be worthless.

Departing from the explanation above, in order to analyze the conflict in the film, all of that must be seen from the conflicts that occur in every scene in the film. Therefore, Munier (2014:262-263) divides conflict into seven types as follows:

1. Man vs. Man
This type discusses one character with another in solving a problem they face. This means that this conflict occurs between one character and another character.
2. Man vs. Society
This type discusses the conflict that occurs between one character against two or more other characters in order to solve the problems experienced.
3. Man vs. Nature
This type emphasizes the effort of the individual in accepting the problems that occur within him. It means that the individual must be able to adapt to the problem within him.
4. Man vs. Self
This type emphasizes the effort of the individual in solving the problem. It means that in solving problems, individual are not assisted by other individuals.
5. Man vs. Fate or God
This conflict occurs between the individual and the person he or she believes in or his or her own beliefs.
6. Man vs. Paranormal
This type has to do with the individual and with foreign phenomena such as astral beings (vampire, eve, and demons or ghosts).
7. Man vs. Technology
This type is a conflict between individual and technological progress. This can be a tool or a system on technology.

Dorneye and Urshioda (2011:3) said that the word motivation derives from the Latin verb *movere* meaning 'to move'. This means that motivation is an attempt by a person to express intentions and goals to change something within him. This can be in the form of changes in attitude, behavior, and self-appearance. Kirsh (2014:133) said that there are two parts of important motivational sources, related to goal setting and achievement; they are intrinsic and extrinsic motivation:

- a. Intrinsic Motivation
Intrinsic motivation concerns active engagement with tasks that people find interesting and that, in turn, promote growth. In other words, the aim of intrinsically motivated behavior is not to succeed or to reach some other outcome but rather to engage in an activity naturally and spontaneously. Such behaviors are inherently satisfying to pursue in and of themselves.
- b. Extrinsic Motivation
Alternatively, extrinsic motivation is the desire to engage in an activity because it is a means to an end and not because an individual is following his or her inner interests. Extrinsically motivated behaviors are not based on an individual's need to feel competent and autonomous but on some external reward or outcome, such as money, fame, or prestige.



The previous study that supports this study is from Ketut Nudhi Angga Bramaditha from English Department, Faculty of Arts, Udayana University (2020). This thesis entitled *The Analysis of Conflict of the Main Character in the Movie "I am Sam"*. This study focuses on describing the category and function of the main character and the external conflicts of the main character. The movie I am Sam was analyzed by categorizing the main character. The data of this study were taken from a movie entitled I Am Sam. The data were collected through documentary method, by watching the movie and were then by marking and taking notes of parts of the movie which are related to the study. The data then were categorized based on the theories. The American drama film I am Sam which is the compelling story of Sam, a mentally-challenged father raising his daughter Lucy with the help of a unique group of friends. The category and function were analyzed based on the theory proposed by Welles and Warren (1995: 227) who divide character into two types, static and dynamic characters; the analysis also included Protagonist and Antagonist characters. The conflict was analyzed based on the theory of literature proposed by Kenney (1996) who divides conflicts into two types, external and internal conflicts. But in the movie, the only external conflict occurs. The analysis brought some conclusions. Sam, as the main character, has a mental disorder, described as a really kind-hearted person. He also had a big willing, even so many challenges he should pass to live with his daughter, he still tried so hard to do it. After so many people hurt his feeling, he was still kind and did not do bad things to them. The conflicts all passed with him being a kind and honest person.

RESEARCH METHOD

In this study, the writer applies qualitative analysis method of the research. Creswell (2009:1) says that, qualitative research is a means for exploring and understanding the meaning individuals or groups ascribe to a social or human problem. The process of research involves emerging questions and procedures, data typically collected in the participant's setting, data analysis inductively building from particulars to general themes, and the researcher making interpretations of the meaning of the data. Based on definition above we can conclude that, qualitative research methods focus more on how to get data from the source. In other hand Punch in (Blaxter at all, 2006:64) says that, qualitative research is empirical research where the data are not in the form of numbers. It means that this research will not use non-numeric in analyzing this topic. Data non-numerical is a data without numeric. If it is related to non-numeric, it is called qualitative method. The writer applies the study to obtain information from the film entitled *Five Feet Apart*. In order hand, the research also describes the relationship and the impacts of the character to the viewers. The source of data used by the writer is *Five Feet Apart* film. This film was directed by Justin Buldoni. The film has duration 1 hour 57 minutes and it released in 2019 by CBS films. This film is taken from a novel that is written by Rachel Lippincott (2018). Data is taken from the conversation and actions. That will be in utterances and actions, words, dialogues, shown by experience the main character namely Stella Grant. In collecting data, the writer uses three steps that can help to analyze the study about struggle and motivation. Those are as follows: 1. Watching *Five Feet Apart* film attentively to the action and dialog of the main character. 2. Taking notes about utterance, words and dialog or scene of main character in the *Five Feet Apart* film. 3. Identifying the data from utterance words, and dialog of the main character (Stella) that related to the topic. In the analysis of the Stella's conflict in *Five Feet Apart* film, the writer will uses three steps below: 1. Classifying the data into the theory of conflict. 2. Analyzing the data using theory of conflict, motivation, and psychological approach. 3. Drawing conclusion based on the data.



RESULT AND ANALYSIS

The writer explained about conflict and motivation of Stella in in Five Feet Apart film. The data will be analyzed by using theory of types conflict and type of motivation.

Types of Conflict

1. Man vs. Man

This type discusses one character with another in solving a problem they face. This means that this conflict occurs between one character and another character. To support this action, it can be seen in this following picture:



(Five Feet Apart, 00:04:33)

From the pictures above it can be seen that, the nurse was smiling at Stella and picture two she was checking Stella's mouth carefully. The smiling was shown by nurse can be interpreted as a form of willingness, openness, and sincerity in serving her patient.

2. Man vs. Society

This type discusses the conflict that occurs between one character against two or more other characters in order to solve the problems experienced. To support this action, it can be seen through the picture below:



(Five Feet Apart, 00:07:38)

From pictures above, it can be seen how close Stella is to the medical staff at the hospital where she is being treated. All hospital staff is also always gentle to Stella. This can also help Stella to be optimistic about a better life. Stella is seen greeting employees at the hospital where she is being treated. They look very close and already know more about Stella. Naturally this happened because Stella was in the hospital for almost ten years. So everyone in the same knows and loves him very much.

3. Man vs. Nature

This type emphasizes the effort of the individual in accepting the problems that occur within him. It means that the individual must be able to adapt to the problem within him. To support this action, it can be seen through the picture below:



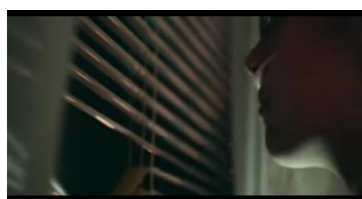
(Five Feet Apart, 01:26:42)



From pictures above it can be seen that at night Stella is invited by Will to go out to enjoy the fresh air while playing in the snow. Stella is also seen sleeping on the snow and she really enjoys it. From this it can be concluded that Stella's healing process is not only from the help of people, but nature also plays an important role in her healing process.

4. Man vs. Self

This type emphasizes the effort of the individual in solving the problem. It means that in solving problems, individual are not assisted by other individuals. To support this action, it can be seen through the picture below:

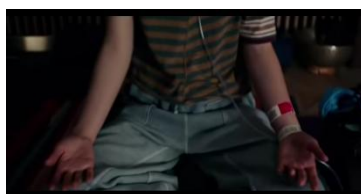


(Five Feet Apart, 00:06:55)

From the pictures above it can be seen that, Stella is seen peeking at a young couple who are dating. First picture shows Stella was opening her window blinds and she saw the young couple are dating and second picture shows a young couple embracing. As a young person, Stella has the same desire as the easy couple.

5. Man vs. Fate or God

This conflict occurs between the individual and the person he or she believes in or his or her own beliefs. To support this action, it can be seen through the picture below:

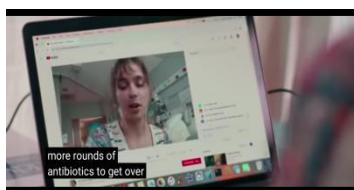


(Five Feet Apart, 00:37:47)

From the pictures above it can be seen that, Stella is seen meditating or praying according to her beliefs. Stella looks very solemn and really enjoys her activities. From this it can be concluded that in solving the problems that Stella faced, she did not only rely on her own strength or the help of those around her, but she also relied on God to solve the problems she faced.

6. Man vs. Technology

This type is a conflict between individual and technological progress. This can be a tool or a system on technology.





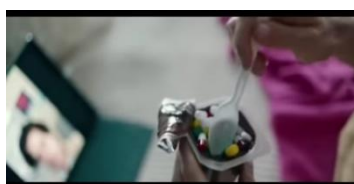
(*Five Feet Apart*, 00:04:05)

From the pictures above it can be seen that, Stella is seen creating content on her social media. The content is in the form of sharing experiences, inviting the audience to take care of their body health. Here, Stella uses technological advances to make her a confidant, an entertainer, and a platform to convey education to everyone.

Types of Motivation

a. Intrinsic Motivation

Intrinsic motivation concerns active engagement with tasks that people find interesting and that, in turn, promote growth. It means that the intrinsic motivation is born from the inner self. To support this action, it can be seen through the picture below:



(*Five Feet Apart*, 00:28:34)

From the pictures above it can be seen that, Stella took a lot of medicine that the nurse had prepared for her. Taking medicine is one way to overcome or treat diseases that exist in the body. Many people take drugs when they are sick. Stella did the same thing when she was sick. The intrinsic motivation shown by Stella here is that she has the desire to get well by taking the many medicines that have been provided.

b. Extrinsic Motivation

Extrinsic motivation is the desire to engage in an activity because it is a means to an end and not because an individual is following his or her inner interests. It is difference like intrinsic motivation; extrinsic motivation appears out of personal. Below are the conversation between Stella and doctor:

Doctor : The infection gets into the bloodstream, hey it's gonna be okay.

Stella : You don't know that?

Doctor : You're right I don't. It's risky. Sepsis is a bigger monster. **Hey you are a fighter Stella grant.**

(*Five Feet Apart*, 00:41:00)

From the utterance above it can be seen that, supporting from the people around us will increase our motivation to fight. Same goes for Stella. Even though he was hit by a big problem, a doctor still strengthened him by saying you are the fighter Stella Grand. This is one of the extrinsic forms of motivation that Stella got.

CONCLUSION

Based on the problem of the study, this study was done to know the types of conflict of Stella in *Five Feet Apart* film by the analyzing of types of conflict they are man vs. man, man vs. society, man vs. nature, man vs. self, man vs. fate or God, man vs. thechnolgy. Meanwhile the analyzing of types of motivation they are intrinsic motivation and extrinsic motivation. The results of the study show man vs. man there are eight data, man vs. society there are two data, man vs. nature there is one datum, man vs. self there are two data, man vs.



fate or God there is one datum, man vs. technology there are eight data. Meanwhile, of the types of motivation, intrinsic motivation has four data and extrinsic motivation has four data.

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